

耳针穴位模型

EAR MODEL SHOWING ACUPUNCTURE POINTS

序号 Code	名称 Name	具体解剖位置 Anatomical Location
耳轮部分的穴位 Acupuncture Points on the Helix		
1	膈 Diaphragm	在耳轮脚（从耳屏内缘延长线开始、耳轮脚消失处。） At the lower part of the crus of the helix.
2	直肠下段 Lower segment of the rectum	在与大肠穴（详后）同水平的耳轮部。 At the anterior portion of the helix with the same level of the acupuncture point of the large intestine.
3	尿道 Urethra	在与膀胱穴（详后）同水平的耳轮部。 At the anterior part of the helix with the same level of the acupuncture point of the urinary bladder.
4	外生殖器 External genital organs	在与对耳轮下脚同水平的耳轮部。 At the anterior part of the helix with the same Level of the inferior crus of the antihelix.
5	耳尖 Apex of the auricle	将耳轮向耳屏对折时，耳壳上面的尖端处。 At the upper part of the helix and facing towards the terminal portion of the superior crus of the antihelix.
6	轮1.2.3.4.5.6 Helix 1.2.3.4.5.6	自耳轮结节下缘至耳垂中部的下缘等分成6点，分别为轮1.2.3.4.5.6 At equal intervals of six segments beginning from the auricular tubercle of the helix downwards to the middle point of the lower margin of the auricular lobule.
耳舟部分的穴位 Acupuncture Points on the Scapha		
7	指 Fingers	在耳轮结节上缘的耳舟部。 At the scapha above the level of the auricular tubercle.
8	腕 Wrist	平耳轮结节突起处的耳舟部。 At the scapha with the same level of the auricular tubercle.
9	肩 Shoulder	在与屏上切迹同水平的耳舟部。 At the scapha with the same level of the incisura anterior.
10	肘 Elbow	在腕穴与肩穴之间处。 At the scapha lying between the acupuncture points of the wrist and shoulder.
11	锁骨 Clavicle	在与颈穴同水平之耳舟部。 At the scapha with the same level of the acupuncture point of the neck.
12	肩关节 Shoulder Joint	在肩穴与锁骨穴之间。 At the scapha lying between the acupuncture points of the shoulder and clavicle.
对耳轮部分的穴位 Acupuncture Points on the Antihelix		
13	趾 Toes	在对耳轮上脚的外上角。 At the postero-superior part of superior crus of the antihelix.
14	踝 Ankle	在对耳轮上脚的内上角稍下。 At the antero-superior part of superior crus of the antihelix.
15	膝 Knee	在对耳轮上脚，与对耳轮下脚上缘同水平处。 At the superior crus of the antihelix with the same level of the superior border of inferior crus of the antihelix.
16	坐骨 Ischium	在对耳轮下脚上缘中点稍偏内方处。 At the middle point of the superior border of the inferior crus of the antihelix (slightly towards the anterior side).
17	臀 Buttock	在对耳轮下脚上缘中点稍偏外方处。 At the middle point of the superior border of the inferior crus of the antihelix (slightly towards the posterior side).
18	腹 Abdomen	在对耳轮上，与对耳轮下脚的下缘同水平处。 At the antihelix with the same level of the lower border of the inferior crus of the antihelix.
19	胸 Thorax	在对耳轮上，与屏上切迹同水平处。 At the antihelix with the same level of the incisura anterior.
20	颈 Neck	在对耳轮与耳屏交界处的切迹处。 At the notch between the border line of the antihelix and antitragus.
21	腰骶椎 Lumbo-sacral Vertebrae	对耳轮的耳腔缘为脊柱。在与直肠下段同水平处及与肩关节同水平处作两个分界线，将脊柱分成三段自上而下分别为腰骶椎、胸椎和颈椎。
22	胸椎 Thoracic Vertebrae	A series of acupuncture points of the vertebral column, lying along the curved brim of the cavum conchae on the antihelix. This line of acupuncture points could be separated by the same level of the acupuncture point of the lower segment of rectum and the same level of acupuncture point of the shoulder joint into three segments. The upper segment belonging to the field of the lumbo-sacral vertebrae; the middle segment, the thoracic vertebrae; the lower segment the cervical vertebrae.
23	颈椎 Cervical Vertebrae	
耳屏和对耳屏部分穴位 Acupuncture Points on the Tragus and the Antitragus		
24	耳 Ear	在屏上切迹微前陷中。 At the depression in front of the incisura anterior.
25	鼻 Nose	在耳屏外面中点处。 At the central point of the external surface of the tragus.
26	咽喉 Pharynx and Larynx	在耳屏内面，与外耳道开口相对处。 At the inner surface of the tragus opposite to the orifice of the external auditory meatus.
27	内鼻 Internal Nose	在耳屏内面，咽喉穴的下方。 At the inner surface of the tragus slightly below the acupuncture points of pharynx and larynx.
28	屏尖 Apex of Tragus	在耳屏上面一个隆起点。（如耳屏只有一个隆起，则在隆起的上缘。） The upper projection of the tragus. (At the upper brim of the projection if only one projection is found.)
29	肾上腺 Adrenal gland	在耳屏下面一个隆起点处。（如耳屏只有一个隆起，则在隆起的下缘。） The lower projection of the tragus. (At the lower brim of the projection if only one projection is found.)

30	额 Forehead	在对耳屏前下方。 At the antero-inferior part of the antitragus.
31	枕 Occiput	在对耳屏后上方。 At the postero-superior part of the antitragus.
32	平喘 Ping-chuan	在对耳屏的尖端。(若对耳屏尖端不明显,则取对耳屏边缘的中点。) At the apex of the antitragus(may locate at the central point of the brim of the antitragus if the apex of the antitragus is not prominent).
33	皮质下 Subcortex	在对耳屏的内侧面。 At the inner surface of the antitragus.
34	内分泌 Internal Secretion	在屏间切迹底部。 The bottom part of the incisura intertragica.
35	目1 Eye1	在屏间切迹下方的两侧,前为目1,后为目2。
36	目2 Eye2	At the inferior part of the incisura intertragica with Eye1 in front and Eye2 behind.

三角窝部分的穴位 Acupuncture Points on the Triangular Fossa

37	神门 Shen-men	在对耳轮上下脚分叉处。 At the bifurcation of the crura of antihelix.
38	子宫 Uterus	三角窝耳轮内侧缘的中点。 At the middle point of the anterior portion of the triangular fossa just behind the anterior portion of helix
39	交感 Sxmpathetic	对耳轮下脚上缘与耳轮内侧缘交界处。 At the border line between the brim of the inferior crus of antihelix and curved brim of the anterior portion of helix.

耳腔部分穴位 Acupuncture Points on the Cavum Conchae

40	口 Mouth	在外耳道开口的后壁。 At the posterior wall of the orifice of the external auditory meatus.
41	食道 Oesophagus	在耳轮脚下方偏内的1/2处。 At the upper portion of the cavum conchae just below the crus of the helix .
42	贲门 Cardiac orifice	在耳轮脚下方偏外的1/2处。 At the upper portion of the cavum conchae and just below the crus of the helix. Its acupuncture point lies behind that of the oesophagus.
43	胃 Stomach	当耳轮脚消失处。 At the upper portion of the cavum conchae and just below the disappearance of the crus of the helix.
44	小肠 Small Intestine	在耳轮脚上方偏外的1/2处。 At the lower portion of cymba conchae and above the crus of the helix. It lies at the point where slightly lateral to one-half of the crus of the helix.
45	大肠 Large Intestine	在耳轮脚上方偏内的1/2处。 At the antero-inferior portion of cymba conchae and just above the crus of the helix.
46	肝 Liver	在胃穴的直后方。 Lying immediately posterior to the acupuncture point of the stomach in the postero-inferior part of the cymba conchae.
47	肾 Kidney	在小肠穴的上方。 Lying in the upper part of the cymba conchae at the superior portion of the acupuncture point of the small intestine.
48	膀胱 Urinary Bladder	在大肠穴的上方。 At the antero-superior part of the cymba conchae, just below the inferior crus of the antihelix.
49	胰—胆 Pancreag,Gall Bladder	在肝肾穴之间(左为胰,右为胆)。 At the posterior part of the cymba conchae,just anterior to the acupuncture points of the thoracic vertebrae.This acupuncture point lies between the acupuncture points of the liver and kidney.(On the left auricle,this point represents the pancreas,while on the right.The gall bladder).
50	脾 Spleen	在左耳肝穴的下半部分(右耳仍为肝穴)。 The lower half of the point of liver on the left auricle.(On the right auricle the point of liver remains to be liver exclusivey.)
51	心 Heart	在耳甲腔中最凹陷处为心穴。 The acupuncture ponit lying at the center of the deepest portion of the cavum conchae.
52	肺 Lung	心穴的周围是肺穴。 The acupuncture ponit of lung lying around the circumference of the acupuncture ponit of the heart.
53	三焦 San'Jiao	在内鼻、肺和内分泌三穴之间。 In the cavum conchae and lying among the acupuncture ponits of the internal nose , lung and internal secretion.

耳垂部分的穴位 Acupuncture Points on the Auricular Lobule

54	眼 Eye	在耳垂正中。 At the central portion of the auricular lobule.
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顶、颞、颊、均在耳垂部,具体部位不赘述,在治疗上应用时可在耳垂部找压痛点上颞、下颞/针刺。

Vertex Chin(mentum), Cheeks (buccae), Upper Jaw (maxilla), Lower Jaw(mandible,mandibulum). These ponits are on the auricular lobule.Each one should be located by ascertaining the sensation of pain on pressure.

耳壳背面的穴位 Acupuncture Points on the Back of the Auricle

55	降压沟 Depressing Groove	在耳壳背面,斜向外下行走的凹沟。 A Curved Vertical groove on the back of the auricle.
56	上耳背 Upper Back	在耳壳背面,下面一个软骨隆起处。 At the upper cartilaginous eminence .
57	下耳背 Lower Back	在耳壳背面,下面一个软骨隆起处。 At the lower cartilaginous eminence .